

How to raise a successful athlete

Here's the statement that parents throughout the world should agree on, not only when it comes to athletics, but also any competitive activity. How to raise a successful athlete is best summed up in the words of this adage.

Your child's success or lack of success in sports does not indicate what kind of parent you are. But having an athlete that is coachable, respectful, a great teammate, mentally tough, resilient and tries their best IS a direct reflection of your parenting.

It's the [Serenity Prayer](#) for the competitive parent!

Serenity Prayer by Reinhold Niebuhr (1892-1971)

**God grant me the serenity
to accept the things I cannot change;
courage to change the things I can;
and wisdom to know the difference.**

Living one day at a time;
enjoying one moment at a time;
accepting hardships as the pathway to peace;
taking, as He did, this sinful world
as it is, not as I would have it;
trusting that He will make all things right
if I surrender to His Will;
that I may be reasonably happy in this life
and supremely happy with Him
forever in the next.
Amen.